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~~'Swami Vivekananda has been My Coach, Covey, Carnegie All Rolled into One,' Says Indian Author of The Vivekananda Handbook for Everyday Living~~

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Representative ethnobotanical systems include: Ayurveda, Traditional Chinese Medicine, Eclectics, Pharmacological system  
Properties of Herbs Herbs are defined based on certain qualities they possess.

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Devised by Lorraine Massey, co-founder of DevaCurl and author of Curly Girl: The Handbook, the Curly Girl ... Seerat Saini has some great Ayurvedic massage tips. We need your consent to load ...

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He wrote, "How you essayed and brought such intense characters to life on screen will always remain a handbook for several actors. RIP #DilipKumar sir! Your demise is such a terrible loss for the ...

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Texts from across the Buddhist world list illness along with birth, aging, and death as the four great torments that inevitably accompany life in a human body. Since Buddhist doctrine at its very core ...

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The artwork was mostly used to advertise a range of products, from ayurvedic medicines to fishing rods, from cosmetics to magic lanterns, from sleazy novels to cookbooks. Says Saha, “Before the ...

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A Copper Tongue Cleaner: "Scraping your tongue is part of

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Ayurvedic care, and it is believed that it removes built-up toxicity in the body." D.S. and Durga Durga perfume: "I lost my sense of smell

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The columnist is Director of Jiva Ayurveda, an author, public speaker, TV personality and Ayurvedacharya. Views expressed are the columnist's own.

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