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Carol Brayne, *Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives*. David Snowdon.

New York: Bantam Press, 2001, pp. 256, \$24.95 (HB) ISBN:

0-553-80163-5., *International Journal of Epidemiology*, Volume 31, Issue 4, August 2002, Page 879,

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